

Dr. Riaz Ahmad

Msc. (Psychology) P.M.D (Cl.Psychol.) PhD. (Cl.Psychol.)

Associate Professor/Director

Institute of Clinical Psychology, University of Karachi, Karachi-Pakistan

Name and Location of Institution of Learning	Academic Degree/ Diploma / Certificate Obtained	Main Field of Study
University of Karachi	<p style="text-align: center;">✓ PhD</p> <p>M.Phil /PhD Course work + 2 year Internship & Thesis</p>	<p>Clinical Psychology</p> <p>Statistics, Research Methodology & Personnel Selection</p>
University of Karachi	<p>✓ Post Magistral Diploma in Clinical Psychology (Course work + Internship)</p>	<p>Psychodiagnosis, Psychotherapy, Ethical Principle in Clinical Practice, Child Psychology, Psychophysiology (Neuropsychology, Psychopharmacology, Physiology)</p>
University of Punjab	<p>✓ Master of Science (Psychology)</p>	<p>Psychodiagnosis,, Clinical Psychology, Abnormal Psychology, Counseling Psychology, Social Psychology, statistics, Muslim Psychology, History of Psychology, Monograph & Thesis</p>
University of Punjab	<p>✓ Bachelor of Arts</p>	<p>Psychology & literature</p>
B.I.S.E. Faisalabad	<p>✓ Higher Secondary School Certificate</p>	<p>Psychology. & Islamic Studies</p>
B.I.S.E. Sargodha	<p>✓ Secondary School Certificate</p>	<p>Physics, Mathematics, Biology & Chemistry</p>

PhD THESIS TOPIC

“PSYCHOLOGICAL EFFECTS UPON THE CHILDREN OF WORKING MOTHERS IN DIFFERENT FAMILY STRUCTURES OF PAKISTAN”.

MSc. THESIS TOPIC

“ATTITUDE OF COMMUNITY TOWARDS DISABILITY”

Professional Affiliation

- Pakistan Psychological Association (PPA)
- Pakistan Association of Clinical Psychologists (PACP)
- International Association of Computer Science and Information Technology (IACSIT) Singapore

Academic Positions and Appointments

Associate Professor

From Nov, 2009- to date
Institute of Clinical Psychology, University of Karachi

Assistant Professor

From Sep 19, 2003- Nov, 2009
Institute of Clinical Psychology, University of Karachi

Research Officer

From Oct 11, 2001- Sep 18, 2003
Institute of Clinical Psychology, University of Karachi

Full-Time Cooperative Teacher

From July 01, 2000- Oct 11,2001
Institute of Clinical Psychology, University of Karachi

Clinical Psychologist/Occupational Therapist

From Oct 01, 1997- Des 30,1998
Kehkeshan Special Education, Training an Rehabilitation
Center for Mentally Handicapped Children

Administrative & Management Responsibilities

Director

From 14 Nov, 2009- to date
Institute of Clinical Psychology, University of Karachi

Incharge

From May 21,2005- Nov, 2009
Institute of Clinical Psychology, University of Karachi

Supervisor of Development Project

From May 21,
2005- Nov 2009 Establishment of Rehabilitation
Unit-Strengthening of Institute of Clinical Psychology, University of
Karachi.

Clinical Incharge

From Jan 03,2003-todate
Institute of Clinical Psychology, University of Karachi

Incharge Rehabilitation Center

From Aug 01,2000- Aug 01,2004
Institute of Clinical Psychology, University of Karachi

Incharge Clinical Record of Patients

From July 01,2000- Dec 31,2002
Institute of Clinical Psychology, University of Karachi

Other Professional Service

- **Editor**
News Letter 'MOTIVATION' published by Institute of Clinical Psychology, University of Karachi. (2004-to date)
- **Editor**
'Pakistan Journal of Psychology, published by Institute of Clinical Psychology, University of Karachi. (2009- to date)
- **Editor**
'Pakistan Journal of Clinical Psychology' published by Institute of Clinical Psychology, University of Karachi. (2009-to date)
- **Assistant Editor**
'Pakistan Journal of Psychology, published by Institute of Clinical Psychology, University of Karachi. (2003-2009)
- **Associate Editor**
'Pakistan Journal of Clinical Psychology' published by Institute of Clinical Psychology, University of Karachi. (2006-2009)
- **Member Editorial Board**
Bahria Journal of Professional Psychology, published by Institute of Professional Psychology, Bahria University Karachi. (2008-to date)
- **Member, Board of Governors**
Institute of Clinical Psychology, University of Karachi(2004-to date)
- **Member , Selection Committee**
Institute of Clinical Psychology, University of Karachi (2003-to date)
- **Member, Academic Committee**
Institute of Clinical Psychology, University of Karachi. (2003-to date)
- **Member, Board of studies**
Department of Psychology, Federal Urdu University of Arts, Science and Technology, Karachi. (2007-2008)
- **External Examiner**
HEC recognized Universities (Peshawar University, Islamia College University Peshawar Behria University, Karachi, University of Karachi, Fedral Urdu University, Karachi ., The University of Balochistan, Queta and LMU, Jamshoro, Hyderabad

POSTGRADUATE RESEARCH SUPERVISION

Ph.D. Research supervised: 05

1. Name of Student:

Dr. Haroon-ur-Rashid **Year:** 2007

Topic: “Family Functioning and Self Concept as indicators of Psychopathology in Adults”

2. Name of Student:

Dr. Sarwat J.Khanam **Year:** 2008

Topic: “Paranoid Ideation as predictor of Performance on Cognitive, Perceptual and Object Relation measures of Wechsler Adult Intelligence Scale- Revised (WAIS-R)”

3. Name of Student:

Mr. Muhammad Rizwan **Year:** 2010

Topic:

“Self Esteem deficits and Suicidal tendencies among Psychiatric Patients”

4. Name of Student:

Mr. Shahid Iqbal **Year:** 2011

Topic:

“Mental Health Problems of Adolescents: A Comparison between Religious Minorities and their Dominant counterparts in Pakistan.”

5. Name of Student:

Miss Iram Mansoor **Year:** 2011

Topic:

“Morbidity of Anxiety in Children and Adolescents: A study of relationship between Self-esteem and Anxiety in different Socio- economic classes of Pakistan”

Ph.D. Research Projects under supervision: 03

1. Name of Student:

Miss Hina Imran

Topic:

“Self Esteem as a Function of Gender and Socioeconomic Status and Its Relationship with Academic Achievement in Children: Use of CFSEI-3 with Urdu Adaptation”

2. Name of Student:

Miss Zakia Bano

Topic: “Development And Psychometric Estimation Of Indigenous Adolescent’s Anxiety Scale And Study On The Consequences Of Anxiety Among Adolescents In Pakistan”

1. Name of Student:

Miss Saleha Sami

Topic: “Demographic and Psychosocial Risk factors for Depression in Adolescents”

Post Master Research Projects supervised: 02

1. Name of Student:

Mr. Tariq Mahmood **Year:** 2008

Topic: “Emotional Intelligence as a Determinant of Self Esteem, Depression and Academic Achievement among Adolescents”

2. Name of Student:

Miss Ghazala Yasmin **Year:** 2008

Topic:

“Perceived Social Support and Depression in Cancer Patients: A Correlational Study”

Publications: In & Out side Pakistan

S. No	Title of Publication	Name of the Journals/ Book in which it was published	Number and date of the Journal	Address of the Institution/Organization who published the Journal	ROLE AS	
					PI	CO.PI
	ARTICLES IN LOCAL JOURNALS (HEC Recognized)					
1	Mansoor, I., & Ahmad, R. Reliability Assessment Of The Short Form Of Revised Children's Manifest Anxiety Scale (Rcmas-2) In Pakistan	Pakistan Journal of Psychology	2010, 41, 1, 3-13	Institute of Clinical Psychology, University of Karachi. Pakistan		CO.PI
2	Ahmad, R., Imran,H., & Mehmood, T. Emotional Intelligence as a Determinant of Self Esteem and Depression among Adolescents.	<i>Pakistan Journal of Psychology (ISSN 0030-9869)</i>	(2009). 40 (1), 77-92	Institute of Clinical Psychology, University of Karachi. Pakistan	PI	
3	Khanam, J.S., & Ahmad, R. <i>Conceptual Ability Advantages in Patients of Schizophrenia with paranoid Ideation.</i>	<i>Pakistan Journal of Psychology (ISSN 0030-9869)</i>	(2008). 39 (1), 89-101.pp	Institute of Clinical Psychology, University of Karachi. Pakistan		CO.PI
4	Ahmad, R., & Riaz, Z. Socio-demographics and Clinical Characteristics of Patients with Conversion Disorder.	<i>Pakistan Journal of Psychological Research (ISSN 1016-0664)</i>	(2007). 22(3-4), 107-122.pp	National Institute of Psychology, Quaid-e-Azam University, Pakistan	PI	
5	Ahmad, R., Aftab, S., & Rizwan, M. Subjective Well-Being and Depression: A Correlational Study	<i>Pakistan Journal of Clinical Psychology (ISSN 1019 - 438 X)</i>	(2007). 6 (1-2).	Institute of Clinical Psychology, University of Karachi. Pakistan	PI	

S. No	Title of Publication	Name of the Journals in which it was published	Number and date of the Journal	Address of the Institution/Organization who published the Journal	ROLE AS	
					PI	CO.PI
6	Ahmad, R., Riaz, Z., & Iqbal, S. Birth Order and Mental Health: A Study on Adolescents in Karachi, Pakistan.	<i>Pakistan Journal of Psychology</i> (ISSN 0030-9869)	(2007). 38 (1), 41-55. pp.	Institute of Clinical Psychology, University of Karachi. Pakistan	PI	
7	Ahmad, R., & Abdullah, S. Patterns, Demographic and Clinical Characteristics of Alcohol-related Attendances in Emergency Room: An exploratory Study.	<i>Pakistan Journal of Clinical Psychology</i> (ISSN 1019 – 438 X)	(2006). 5 (1-2), 13-28. pp.	Institute of Clinical Psychology, University of Karachi. Pakistan	PI	
8	Ahmad, R., & Rashid, A. Perceived Emotional Expression in the Family and Psychopathology	<i>Pakistan Journal of Psychology</i> (ISSN 0030-9869)	(2006). 37 (1), 13-20 pp.	Institute of Clinical Psychology, University of Karachi. Pakistan	PI	
9	Ahmad, R., & Munaf, S. Nuclear Family System as an important Risk Factor for the development of the baby Blues.	<i>Pakistan Journal of Social and Clinical Psychology</i> (ISSN-1727-4931)	(2006). 4 (1-2), 67-74. pp.	GC University Lahore-Pakistan	PI	
10	Ahmad, R., Khanam, J.S., & Rizwan, M. Handedness and Performance on the measures of Visual Motor Perception and Academic Achievement	<i>Pakistan Journal of Psychology</i> (ISSN 0030-9869)	(2005). 36 (2), 23-34. pp.	Institute of Clinical Psychology, University of Karachi. Pakistan	PI	
11	Ahmad, R., & Munaf, S. Intellectual Potential and Academic Achievement of Adolescents of Employed mothers in different Family Structures of Pakistan.	<i>Journal of Social Sciences and Humanities</i>	(2005). p.41-48.	University of Karachi. Pakistan	PI	
12	Quraishy, M.A., Ahmad, R., & Riaz, A. Intelligence and Age as Predictors of Adjustment during Adolescence	<i>Medical Channel</i> (ISSN 1681-5491)	(2005). 11 (3), 15-18.	Medical Channel Publishing Network-Pakistan		CO.PI
13	Ahmad, R., Khanam, S. J., Iqbal, S., & Rizwan, M. Schizophrenic thinking in immigrant students.	<i>Pakistan Journal of Psychology</i> (ISSN 0030-9869)	(2005). 36 (1), 67-74. pp.	Institute of Clinical Psychology, University of Karachi. Pakistan	PI	

S. No	Title of Publication	Name of the Journals in which it was published	Number and date of the Journal	Address of the Institution/Organization who published the Journal	ROLE AS	
					PI	CO.PI
14	Munaf, S., & Ahmad, R. Impact of Family Structure and Maternal Employment on Children.	<i>Journal of Behavioral Science</i>	(2004). 15(1-2), 49-63 pp.	University of Punjab-Pakistan		CO.PI
15	Ahmad, R., & Bano, M. Perceived Gender role Discrimination and Domestic Violence of Afghan Women	<i>Pakistan Journal of Psychology</i> (ISSN 0030-9869)	(2004). 35 (2), 51-80 pp.	Institute of Clinical Psychology, University of Karachi. Pakistan	PI	
16	Ismail, Z., & Ahmad, R. Why People Smoke Different Brands. The Self Concept and Brand Choice.	<i>Pakistan Journal of Psychology</i> (ISSN 0030-9869)	(2004). 35(2), 27-42. pp.	Institute of Clinical Psychology, University of Karachi. Pakistan		CO.PI
17	Bano, M., Irshad, E., & Ahmad, R. Emotional indicators of Aggression on Human Figure Drawing among Male and Female Afghan Refugee Children.	<i>Pakistan Journal of Psychology</i> (ISSN 0030-9869)	(2004) 35(1), 51-66 pp.	Institute of Clinical Psychology, University of Karachi. Pakistan		CO.PI
18	Munaf, S., & Ahmad, R. Maternal Employment and Psychological Well being of Adolescence.	<i>Pakistan Journal of Psychology</i> (ISSN 0030-9869)	(2004). 35(1), 3-18. pp.	Institute of Clinical Psychology, University of Karachi. Pakistan		CO.PI
19	Munaf, S., Ahmad, R., Khanam, J.S., & Siddiqui, Z. Relationship of Masculinity to Self Esteem, Self Acceptance and Depression in Pakistani Females.	<i>Pakistan Journal of Psychology</i> (ISSN 0030-9869)	(2003). 34(1-2), 67-86. pp.	Institute of Clinical Psychology, University of Karachi. Pakistan		CO.PI
20	Munaf, S., Ahmad, R., & Siddiqui, Z. Vigor and Original Thinking as a Dominant Trait of Pakistani Male Bankers	<i>Pakistan Journal of Psychology</i> (ISSN 0030-9869)	(2002). 33(1-2),55-64 pp.	Institute of Clinical Psychology, University of Karachi. Pakistan		CO.PI
21	Munaf, S., & Ahmad, R. Psychological Effects of Paid Work on Working Married Women.	<i>Pakistan Journal of Psychology</i> (ISSN 0030-9869)	(1999). 30 (1-2), 59-74. pp.	Institute of Clinical Psychology, University of Karachi. Pakistan		CO.PI

S. No	Title of Publication	Name of the Journals in which it was published	Number and date of the Journal	Address of the Institution/Organization who published the Journal	ROLE AS	
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ARTICLES IN INTERNATIONAL JOURNALS						
22	Ahmad,R., & Mansoor, I. What I Think and Feel: Translation And Adaptation of Revised Children’s Manifest Anxiety Scale, Second Edition (RCMAS-2) and its Reliability Assessment	<i>The International Journal of Educational and Psychological Assessment</i>	(2011), 8(1), 1-11	Time Taylor Academic Journal	PI	
23	Rizwan, M.,&Ahmad,R.Self-Esteem as a Predictor of Suicide Risk among Psychiatric Patients	<i>Journal of Alternative Perspective in Social Sciences</i>	(2010), 2(2), 577-592	JAPSS- A Non Profit Organization (NGO) registered in Florida, Texas & Costa Rica		CO.PI
24	Ahmad, R., Khanum, S.J., Riaz, Z. & Lynn, R. Gender differences in means and variance on the Standard Progressive Matrices in Pakistan.	<i>Mankind Quarterly</i> (ISSN 0025-2344)	(2008). 49,1, 50-57pp.	The Council for Social and Economic Studies. Washington, DC, USA	PI	
25	Ahmad, R., & Riaz, Z. Communication Deviance and Inconsistent Control in Family: A Study on Male Juvenile Offenders.	<i>Iranian Journal of Psychiatry and Behavioral Sciences</i> (ISSN1735-8639)	(2007). 1(2), 28-32.pp	Mazandaan University of Medical Sciences.Iran	PI	
Chapter in a Book						
	Ahmad, R., Khanam, S. J., & Riaz, Z. The Standard Progressive Matrices in Pakistan.	Uses and Abuses of Intelligence: Studies advancing Spearman and Raven's Quest for Non-Arbitrary Metrics, John, Jean Raven (Eds.) ISBN 978-0-89624	2008, 402-12 pp	Royal Fireworks Press, New York	PI	
Manual / Book						
	Ahmad, R., Riaz, Z., & Khanam, S. J. <i>Development of Norms and Application of Wide Range Achievement Test 3 in Pakistan -Trends in Adolescence</i>		2005	Institute of Clinical Psychology, University of Karachi-Pakistan	PI	

Ali, U., Ansari, K., Ahmad, R., & Shamsuddin, M. <i>Clinical Practice: Codes, Control and Ethical Decision Making.</i>		2006	Institute of Clinical Psychology, University of Karachi-Pakistan		CO.PI
Comprehensive Counseling Manual for Street Children		2008	Published by 'AZAD FOUNDATION PAKISTAN'	Review & Edit	

Selected Research Grants

1. Ahmad, R., Riaz, Z., & Khanam, S. J. (2005). Development of Norms and Application of Wide Range Achievement Test 3 in Pakistan -Trends in Adolescence. Published by Institute of Clinical Psychology, University of Karachi
2. Ahmad, R., Khanam, S. J., & Riaz, Z. (2007). Raven's Standard Progressive Matrices -Application in Pakistan."
3. Ahmad, R., Khanum, S.J., Riaz, Z., Ansari, K. (2008) Normative Study of Reynolds Adolescence Adjustment Inventory (RAASI) in Pakistan (Urdu Adaptation).
4. Ahmad, R., Khanam, S. J., & Imran, H. (2008). Psychiatric Morbidity: A Cross-Sectional Study on the Population of Karachi. (In Process)

CONDUCT WORKSHOPS/ PAPERS PRESENTATION

- Participation as guest speaker in launching ceremony of **Comprehensive Counseling Manual for Street Children**, 2008
- Conducted a Workshop entitled "**Projective Techniques – Analysis and Interpretation**" on March 15, 2006 at Six Days In-Service Teachers Training Course In Psychology at Department of Psychology, University of Peshawar, arranged by Higher Education Commission, Peshawar.
- Paper presented in a 9TH national conference "**Norming of Wide Range Achievement Test-3 (WRAT-3) in Pakistan.**" at Bara Gali University of Peshawar. **August-2004**
- Paper presented in a seminar on "**Literacy and Mental Health: Issues and Concern**" at the Institute of Clinical Psychology, University of Karachi on Oct18, 1999.
- Delivered a Series of Lectures entitled "**Resentment**," "**Empathy**" and "**Burnout in organizations**" for providing professional and Technical training to the staff of New Horizons Care center – A Project of Pakistan Chemicals & Dyes Merchants Association in Collaboration with Antinarcotics Force (Sindh) Govt. of Pakistan on 5TH, 6TH & 12TH September, 2003.

ORGANIZED WORKSHOP AND CONFERENCES

- Conference Coordinator of International Conference Organized by Institute of Clinical Psychology, University of Karachi,2006
- Organized a Short Course on ‘Psychological Medicine’ at Institute of Clinical Psychology, University of Karachi,2006
- Conference Coordinator of International Conference Organized by Institute of Clinical Psychology, University of Karachi,2007
- Coordinator of Training Workshop for Drug Addicts Treatment and Rehabilitation. Organized by Institute of Clinical Psychology, University of Karachi & New Horizons Care center. 2005

PARTICIPATION IN SEMINARS/CONFERENCES AND WORKSHOPS

- Workshop attended on ‘**Stress Management**’ organized by Institute of Clinical Psychology University of Karachi, 2006
- Workshop attended on ‘**Biological Basis of Emotions**’ organized by Institute of Clinical Psychology University of Karachi, 2006
- Workshop attended on ‘**Leadership Styles and Management**’ organized by Institute of Clinical Psychology University of Karachi, 2006
- Workshop attended on ‘**Movement disorder and Parkinson Disease**’ organized by Institute of Clinical Psychology University of Karachi, 2006
- Short Course on ‘Psychological Medicine’ Organized by Institute of Clinical Psychology, University of Karachi,2006
- Workshop attended on ‘Communication Skills’ organized by Department of Psychiatry Liaquat National Hospital, Institute for Postgraduate Medical Studies & Health Sciences, Karachi, 2005
- Workshop attended on ‘**Drug Addicts Treatment and Rehabilitation**’ Organized by New Horizons Care Centre Karachi in collaboration with Institute of Clinical Psychology University of Karachi, 2005
- Workshop attended on ‘Treatment of Language and Speech Disorders’ Organized by University of Peshawar, 2004
- Workshop attended on “**Occupational Therapy with emotionally handicapped**” at the Institute of Clinical Psychology, University of Karachi ,2001.
- Workshop attended on “**Rehabilitation– application of technique**” at the Institute of Clinical Psychology, University of Karachi, 2001.
- Attended a training program in **Post-Traumatic Stress management** organized by International Medical and Educational Trust at Jinnah Medical College and Medicare Hospital, 2001.
- Attended International Conference - Organized by Institute of Clinical Psychology, University of Karachi,2006
- Attended International Conference – Organized by Faculty of Arts, University of Karachi,2006

- Attended Seminar- Organized by Department of Psychology, University of Karachi, 2006 on Mental Health Day.
 - Presided the **‘Forum of Treatment and Prevention’** in 1ST National Recovering Symposium Organized jointly by Antinarcotics Force (Sindh) Govt. of Pakistan, New Horizons Care center & Colombo Plan Drug Advisory Programme Sri Lanka. 2005.
 - Presided the **‘Forum of Emerging Global Scenario and Islamic Identity’** in Ann
 - ual Conference Organized by University of Peshawar, 2004

Statistics & Research Methodology:

- Experienced in the use of SPSS (statistical package for social sciences)
- Course Research Method and Psychological statistics at Institute of Clinical Psychology, University of Karachi, 2000-2001.

Computer literacy & Information Technology:

- Skilled in literature searches using various databases.
- Skilled in the use of Microsoft Word, Excel and Power Point.
- Skilled in the use of SPSS.

Volunteer Community Work

- Supervised a project of Psychological assessment of special children at Al-Shifa Trust
- Supervised (Review & Edit) a project of ‘AZAD FOUNDATION’ for developing a Comprehensive Counseling Manual for Street Children
- Supervised various project of regarding treatment of Heroin Addicts with New Horizons Care center – A Project of Pakistan Chemicals & Dyes Merchants Association
- Work with Drug Free Pakistan Foundation as advisor (Honorary)
- Participation in Media campaign-Articles & interviews published in local news papers and magazines on psychological and social issues